



ADDvanced Solutions

Community Network

Supporting you to find the answers



Liverpool: Autumn/Winter 2019 Offer

Through our community-based groups, programmes, and opportunities that raise awareness; develop skills; share learning experiences; and build confidence, we support children, young people, and families living with neurodevelopmental conditions, learning difficulties and associated mental health needs - pre, during and post-diagnosis.

Sensory Processing Difficulties Awareness Raising Workshops

Delivered in partnership with Liverpool Local Authority Sensory Integration Occupational Therapists, our awareness-raising training helps parents and carers to better understand how our bodies process sensory information, identifying strategies to support sensory processing difficulties in children and young people.

Coming up:

Friday 13th September
10:00 - 2.00pm
L6, Anfield, Liverpool

Friday 11th October
10:00 - 2:00pm
L17, Aigburth, Liverpool



Eating Difficulties Awareness Raising Training

This training helps parents and carers better understand and manage eating difficulties associated with neurodevelopmental conditions.

To book on this course you must have attended the sensory processing awareness raising course.

Sessions coming up:

Two-day course - Friday 27th September and 4th October
10.00am - 2.00pm, L6, Anfield, Liverpool.



For more news and events visit www.addvancedsolutions.co.uk
Telephone: 0151 486 1788 Email: info@advancedsolutions.co.uk



Follow us on Twitter: @ADDvancedSol



Like us on Facebook ADDvanced Solutions Community Network

Join our Facebook closed group for parents & carers ADDvanced Solutions Community Network CIC

Community Network Groups

If you have concerns about your child's behaviour or progress at school, our community network groups offer support to help you learn, understand and meet the needs of your child and family.



We deliver needs-led workshops whilst working in partnership with professionals from organisations and experts in their field to provide effective solution-focused support.

Coming Up:

Speke Community Network Group: Speke Five Families Centre, Conleach Road, Speke L24 0TW.

Every Monday 9.30am - 11.30am during term time.

9th September	Identifying problems and finding solutions
16th September	Looking at the Early Help Assessment Tool
23rd September	Managing stress
30th September	Autism and girls
7th October	BullyBusters
14th October	Building a rapport with school
21st October	Difference between EHCP and EHAT
4th November	Attention Deficit Hyperactivity Disorder
11th November	Sensory Processing Difficulties
18th November	Tantrums Vs meltdowns
25th November	Sibling rivalry
2nd December	Theory of mind (how children with ASD think)
9th December	Transition
16th December	Preparing for the Christmas holidays

Walton Community Network Group: Orrell Park Community Centre, 6 Moss Lane, L9 8AJ.

Every Monday 12.45pm – 2.45pm during term time.

9th September	Identifying problems and finding solutions
16th September	Autism Spectrum Disorder (ASD) Severity Levels
23rd September	Auditory Processing Difficulties
30th September	Autism and girls
7th October	Sleep difficulties
14th October	Looking at the Early Help Assessment Tool
21st October	Sensory Processing Difficulties
4th November	SEND jargon buster
11th November	Liverpool Local Authority SEND team
18th November	Specific Learning Difficulties
25th November	Liverpool Occupational Therapy Sensory Team
2nd December	Looking at communication
9th December	Sibling rivalry
16th December	Preparing for the Christmas holidays

Belle Vale Community Network Group: Belle Vale Children's Centre, Hedgefield Road, Belle Vale, L25 2RW.

Every Tuesday 9.30am - 11.30am during term time.

10th September	Identifying Problems Finding Solutions
17th September	Looking at the Early Help Assessment Tool
24th September	Specific Learning Difficulties
1st October	Autism and girls
8th October	Disability Welfare Advice
15th October	Identify the SEND process in schools
22nd October	Autism Spectrum Disorder (ASD) Severity Levels
5th November	SEND jargon buster
12th November	Liverpool respite services - Fusion
19th November	Tantrums Vs meltdowns
26th November	Alder Hey Neurodevelopmental Pathway Team
3rd December	Sleep difficulties
10th December	Rewards
17th December	Preparing for the Christmas holidays

City Centre Community Network Group: The Black-E, 1 Great George Street, Liverpool, L1 5EW. Booking is essential.

Every Wednesday 4.30pm - 6.30pm during term time.

11th September	Identifying problems and Finding Solutions
18th September	Tantrums Vs meltdowns
25th September	Bullybusters
2nd October	Exclusions
9th October	Sibling Rivalry
16th October	Looking at the Early Help Assessment Tool
23rd October	Preparing for a meeting
6th November	Autism Spectrum Disorder (ASD) Severity Levels
13th November	Disability welfare advice
20th November	Identify the SEND process in schools
27th November	Transition
4th December	Autism and demand avoidance behaviours (PDA)
11th December	Rewards
18th December	Preparing for the Christmas holidays

ADDvanced Solutions Community Network would be very happy to attend coffee mornings in schools and community groups to deliver a Q&A session and explain about who we are and how we can support families and schools.



ADDvanced Solutions Community Network and the Black-E are delivering afterschool activities (booking is essential).

This partnership will offer informal learning with parents and carers and structured activities for children and young people living with neurodevelopmental conditions, including ADHD, Autism Spectrum Disorder, Sensory Processing and specific learning difficulties.

We aim to support children and young people through creative arts, circus skills, dance, board games, cookery and drama workshops to improve self-awareness, relationship development, self-confidence, self-control, improved coordination and social and communication skills.

Parents and carers **MUST** stay in the building and attend the learning workshops in the Community Network Group, providing an opportunity to share learning and experience and to gain tools, confidence and knowledge to better identify, understand and meet the needs of their family living with neurodevelopmental conditions.

Neurodevelopmental Conditions Family Learning Programme

A structured learning programme for parents, carers and supporters in Liverpool who wish to gain knowledge and skills about their child's neurodevelopmental condition, with strategies to support the difficulties that may present around:

- Neurodevelopmental conditions/learning difficulties and associated mental health difficulties.
- Autism Spectrum Disorder /Condition - ASD/C
- Attention Deficit Hyperactivity Disorder – ADHD
- Sensory Processing / Integration Difficulties (SPD)
- Challenging behaviours associated with ND conditions
- Your local offer, welfare rights and special educational support

Coming up:

L4, Everton Liverpool

Tuesday 17th and 24th September

1st, 8th, 15th and 22nd October

6.00pm - 8.30pm

L24, Speke, Liverpool

Tuesday 26th November, 3rd and 10th December

9:30am - 3.00pm



Family Days Out

Birchwood Forest Park - 28th October, 2pm
Croxth Country Park - 29th October, 2pm
Sankey Valley Park and Country Trail - 30th October, 10.30am
Formby Woods & Beach - 31st October, 2pm
Thurstaston Beach, Wirral Country Park - 1st November, 2pm

For further information, please visit our website.
Booking is essential as some activities have limited places.

Children's half term activities

We will be delivering children's activities during the half term
10am – 12.30pm.
Please check the website for further details

Young People Aged 12-14 and 15-19

Designed for those living with neurodevelopmental conditions to help them gain a better understanding of themselves, explore their own needs, learn new skills and build confidence as well as develop friendships. Groups meet up for learning and social activities, they're led by young people who take an active part in the design, decision making and development of their group, encouraging activities participation and ownership.

We cover subjects such as:

- Social skills and interaction
- Planning and preparation for trips
- Staying safe
- Setting and achieving realistic goals
- Creative expression and fun activities.

Places are limited and designed for those most isolated, who do not attend other youth provision.



Free Professionals Awareness Raising Training

This commissioned course has been developed to provide an awareness and understanding of the day-to-day challenges of living with neurodevelopmental conditions (NDCs) and the surrounding issues for staff working to support children, young people and families, to enable them to:

- Understand the difference and similarities between ADHD, ASD/C, and other NDCs.
- Recognise the typical behaviours of ADHD, ASD/C and other NDCs
- Recognise the impact that unsupported and unmanaged characteristics of NDCs can have on an individual and their family.

- Understand the impact that sensory processing difficulties have on children and young people.
- Recognise local support available for professionals, young people and families who have children with NDCs

This training is very popular and books up quickly. Therefore, if the training is fully booked, please contact the office to register your interest for the next one available

For further information and to book on to the next course on **Wednesday 22nd January, 9.15am (9.30)– 4.30pm, L17 Aigburth**. Please visit www.liverpoolcamhs.com/training contact the office on 0151 486 1788 or email info@advancedsolutions.co.uk

Our Traded Offer

We also offer bespoke training, coaching and mentoring programmes and consultancy work for professionals working with children, young people and families living with neurodevelopmental conditions.

Income generated through our traded offer underpins ADDvanced Solutions Community Network's support for families.

Early Help Directory

Check out the Liverpool Local Offer of services for families living with Special Educational Needs and Disability

The logo for the Liverpool Early Help Directory features the text 'Liverpool' in green, 'Early Help' in blue, and 'Directory' in blue. To the right of the text is a small orange silhouette of a dog.

For information on any of these events and how to book, please email info@advancedsolutions.co.uk

Visit our website www.addvancedsolutions.co.uk for more information about the support we offer.