

Our ref: JPC/MK
Your ref:

October 2018

Wellbeing Day

Wear something Green!



Dear Parents & Carers

PSHE Theme Day - Autumn 2018 - Healthy Living

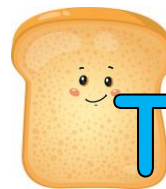
Our PSHE curriculum this year will follow the theme of Healthy Living. We have planned a theme day on **Friday 19th October** in order for our children to be well-equipped with the skills needed to lead a healthy life.

We will focus on healthy packed lunches, balanced diets and the surrounding issues.

There will be face painting as well as toast (available at morning break).



Face painting
50p



Toast
20p