

YOUR MENU THIS WEEK



EDUCATION

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Cheese & tomato pizza (v) (1,3) Potato wedges, beans & seasonal salad Fruit & Ice Cream (1)	Bolognese with Pasta (v)(1,3) Or Vegetable Bolognese Carrots & broccoli Strawberry Jelly	Roast Turkey Breast Or Quorn fillet (v) (1,3) Roast Potatoes Vegetables Apple sponge (1,3,11)	Chicken Burger (1,3) Or Vegetable Burger (v) (1) Wedgers & Salad (11) Chocolate mousse (1)	Fish fingers (2,3) or Vegetable fingers (v) (3) Chips, beans, peas Fruit salad
WEEK TWO	Vegetable curry with rice (1) or Mac & cheese & Garlic Slice (v) (1,3) Mix vegetables Frozen Yoghurt (1)	Sausage, mash & gravy (1,3,12) or Vegetable Sausage Peas & Corn Chocolate sponge (1, 3, 11)	Roast Turkey & Stuffing (3) Or Quorn Fillet (v)(1,3) Roast Potatoes Vanilla shortbread (1,3)	Bolognese penne pasta (2,3) or Vegetable Pasta (v) (1,3) Garlic Bread (1,3,11) Vegetarian Orange jelly	fishcake, (2,3,14) (2,3) or Vegetable Nuggets (v) (3) Chips, beans, peas Banana Muffin (1)
WEEK THREE	Tomato pasta bake (v) (3,11) Seasonal salad, sweetcorn Fruit salad	Lamb Meatballs in a tomato sauce or Vegetable & Balls & Pasta (v) (1,3) Vegetables Vegetarian Strawberry jelly	Roast Turkey or Quorn fillet (v) (3,11) Roast Potatoes & vegetables Wholemeal oat cookie (1, 3)	Chicken Korma Curry with wholegrain rice (1) or Tomato & Basil Pasta with Cheese (1, 3) Green Beans, cauliflower Apple Sponge (1,3)	Battered Fish, chips & Beans (2,3) or Vegetable Fingers (v) (3) Chips, beans, peas Ice Cream (1)

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard
MENU IS SUBJECT TO CHANGE *