

Newsletter

End of Year 2025

As the end of the school year is fast approaching, we would like to say 'thank you' for all your kind words and support over the year as well as 'thank you' for helping your children at home with their learning. Working together so positively only strengthens us as a school community and we will continue to build on this in the new year.

We wish you all a safe and fun-filled summer and look forward to seeing you all again in September.

TEDDY BEAR'S PICNIC

Poppy class had a lovely afternoon at our Teddy Bear's picnic. We had ice cream with sweets and a flake on top along with some snacks. The sun was shining and we had a fantastic time with our teddies!



SLEEP WORKSHOP

On Tuesday 20th May, parents and carers took place in a Sleep Workshop, delivered by the Mental Health Support Team.

The workshop was highly engaging and relevant to all families with young and school age children experiencing sleep problems.



Thank you to everyone who supported this year's book fair. We sold £570.38 in books which means we raised £228.15 in commission to spend on books. The commission will be spent on end of year prizes.

LUNCH MENU

We are excited to announce that from September, our school will be introducing a brand new lunch menu!



The new menu will run on a three-week rotation, offering a variety of tasty and nutritious meals each day. School dinners cost £2.50 per day and payment should be made to the school office every Monday. You have the option to pay for the full week in advance or just for the specific days your child chooses to have a school meal.

Please ensure that dinner money is paid promptly, as we are unable to allow dinner money debt.

A copy of the new menu is at the end of this newsletter and also on our school website.

AWE & WONDER: CHICK HATCHING EXPERIENCE



You will recall that in March we were privileged to witness the birth of nine chicks in school. It really was such a miraculous thing to be part of. Once their two weeks in school came to an end, they then went to live with Mrs Conley.

The chicks are now 19 weeks old and now classed as adult chickens! There are five cockerels and four hens. The cockerels are the white ones and the hens are the brown ones.

The hens have not started laying eggs yet but when they do, Mrs Conley will bring some into school for the children to cook. The cockerels have just found their voice and love screaming, "Cock-a-doodle-do!" any time of the day with the loudest of voices. They all have such different personalities and Mrs Conley really does love having the chickens at home.

NED'S RESILIENCY RIDE

On Friday 27th June, KS1 and KS 2 were treated to an energetic assembly entitled Ned's Resilience Ride. Our children learned the meaning of NED's name: NED stands for Never give up, Encourage others and Do your best!! All excellent values to live by. Our visitor, Frank, took us through Ned's story and at the same time displayed his amazing skills using various yoyos. The children really enjoyed the assembly and now have the opportunity to purchase the same yoyos from the assembly. A letter has previously gone home about purchasing them.



YEAR 2: MICROHABITATS



As part of learning in science, Year 2 investigated microhabitats (very small living systems) for a range of different bugs. They explored the fish pond, under logs, in the soil and even on the brick walls. They discovered that each microhabitat is a perfect place to live for a range of different creatures. Woodlice love living in a dark and wet habitat and loads of them were found under the big logs lying on the ground.



Well Year 6, unfortunately it is nearly time to say 'Farewell'.

We hope you have loved your time at 'St Finbar's – you have done so many amazing things, learnt so much and made some great friends. It has been wonderful to see how you have grown into fantastic young people – ready to take on your next learning challenge at secondary school; keep working hard.

All the staff wish you all the very best of luck for the future and hope that your dreams and wishes come true. Remember, this is not a last goodbye but simply 'see you soon'!

Have a super summer and stride confidently into Year 7!

ASSISTANCE AVAILABLE

If you require assistance to complete a school form/school application form, please contact the school office (0151 727 3963) or email finbars.rec@st-finbars.liverpool.sch.uk Our office staff will arrange a date and time for you to come to school and complete the paperwork with you.



OUR LADY OF MOUNT CARMEL

Hermits lived on Mount Carmel near the Fountain of Elijah in northern Israel in the 12th century. They had a chapel dedicated to Our Lady. By the 13th century they became known as "Brothers of Our Lady of Mount Carmel." For centuries the Carmelites have seen themselves as specially related to Mary. Their great saints and theologians have promoted devotion to her and often championed the mystery of her Immaculate Conception.



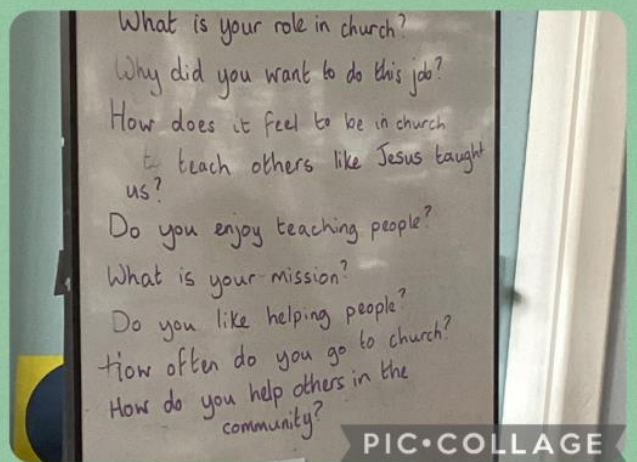
Saint Teresa of Avila called Carmel "the Order of the Virgin." Saint John of the Cross credited Mary with saving him from drowning as a child, leading him to Carmel, and helping him escape from prison. Saint Thérèse of the Child Jesus believed that Mary cured her from illness. On her First Communion day, Thérèse dedicated her life to Mary. During the last days of her life she frequently spoke of Mary.

There is a tradition, which may not be historical, that Mary appeared to Saint Simon Stock, a leader of the Carmelites, and gave him a scapular, telling him to promote devotion to it. The scapular is a modified version of Mary's own garment. It symbolizes her special protection and calls the wearers to consecrate themselves to her in a special way. The scapular reminds us of the gospel call to prayer and penance—a call that Mary models in a splendid way.

The feast day of Our Lady of Mount Carmel is celebrated on 16th July.

YEAR 1

As part of the RE Curriculum, Year 1 have been learning about people in our parish. Children met with Amy McCormack who is the Eucharist Minister of Communion. The children enjoyed asking lots of questions and sharing their knowledge.



SEPTEMBER CLASSES

Class	Teacher
Nursery	Miss Molloy
Reception	Miss Regan
Year 1	Mrs Flynn
Year 2	Miss Osborne
Year 3	Miss Melia & Miss Williams
Year 4	Miss Summers
Year 5	Miss Brownsword
Year 6	Mrs Whittaker

Mrs Makin will be on secondment at another school this academic year and we look forward to her return in September 2026.



Do not forget that our Pre-Loved Uniform 'shop' is always open.

Please ask at the school office or email the school office on (finbars-rec@st-finbars.liverpool.sch.uk) with your requests (e.g. item, sizes etc) and we will see what is available and get it ready for you to collect.



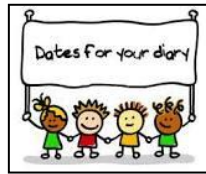
If you would like to donate any part of the school uniform or PE kit, it must be washed and in good condition. Please drop any donations to the school office. We have been able to help many of our families and will continue to do so.



If you wish to apply for a **Nursery** place at St Finbar's, please contact the school office on 0151 727 3963 or email Finbars-rec@st-finbars.liverpool.sch.uk We currently have places available for children age 3+.

For places in any other year group, please contact the school office and they will inform you of the correct procedure to apply for a place.

Please contact the Local Authority admission on www.liverpool.gov.uk/admissions if you require a place for your child. You can also contact the school direct who will be able to assist you.



July 2025		
10 th	Thursday	Year 5 Visit to Kings
14 th	Monday	Battle of the Planets
15 th	Tuesday	End of Year Music Concert
16 th	Wednesday	Optional Parent's Meeting (Reports)
17 th	Thursday	Year 6 Leavers Assembly: Parents/Carers Invited
		Year 5 – Summer Funday at King's
		Leavers' Party
18 th	Friday	Prize-Giving Assembly: Whole School
		Last school day before the summer holidays. School closes at 1.30 pm for all children
September 2025		
1 st	Monday	School closed for children – Inset Day
2 nd	Tuesday	School closed for children – Inset Day
3 rd	Wednesday	School Opens for all children in Year 1 – Year 6 Nursery & Reception Children: Stay & Play 9.00 am – 9.30 am
4 th	Thursday	Nursery & Reception children start school

School Calendar 2025/26



September 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
36	1	2	3	4	5	6	7
37	8	9	10	11	12	13	14
38	15	16	17	18	19	20	21
39	22	23	24	25	26	27	28
40	29	30					
							20

October 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
40			1	2	3	4	5
41	6	7	8	9	10	11	12
42	13	14	15	16	17	18	19
43	20	21	22	23	24	25	26
44	27	28	29	30	31		
						8w	17

November 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
44						1	2
45	3	4	5	6	7	8	9
46	10	11	12	13	14	15	16
47	17	18	19	20	21	22	23
48	24	25	26	27	28	29	30
							19

December 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
49	1	2	3	4	5	6	7
50	8	9	10	11	12	13	14
51	15	16	17	18	19	20	21
52	22	23	24	25	26	27	28
1	29	30	31				
						7w	15

January 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
1				1	2	3	4
2	5	6	7	8	9	10	11
3	12	13	14	15	16	17	18
4	19	20	21	22	23	24	25
5	26	27	28	29	30	31	
							20

February 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
5							1
6	2	3	4	5	6	7	8
7	9	10	11	12	13	14	15
8	16	17	18	19	20	21	22
9	23	24	25	26	27	28	
						6w	15




March 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
9							1
10	2	3	4	5	6	7	8
11	9	10	11	12	13	14	15
12	16	17	18	19	20	21	22
13	23	24	25	26	27	28	29
14	30	31				5w	21

April 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
14			1	2	3	4	5
15	6	7	8	9	10	11	12
16	13	14	15	16	17	18	19
17	20	21	22	23	24	25	26
18	27	28	29	30			
							15

May 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
18					1	2	3
19	4	5	6	7	8	9	10
20	11	12	13	14	15	16	17
21	18	19	20	21	22	23	24
22	25	26	27	28	29	30	31
						6w	14

June 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
23	1	2	3	4	5	6	7
24	8	9	10	11	12	13	14
25	15	16	17	18	19	20	21
26	22	23	24	25	26	27	28
27	29	30					
							21

July 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
27			1	2	3	4	5
28	6	7	8	9	10	11	12
29	13	14	15	16	17	18	19
30	20	21	22	23	24	25	26
31	27	28	29	30	31		
						7w	13

-  School Holidays
-  School Inset Days
-  National Bank Holidays



Our Lady of Mount Carmel & St Patrick
High Park Street, Toxteth, Liverpool L8 8DX

olmc@rcaolp.org.uk

0151 272 1463

OLMC Tea/Coffee & Cake: Please join us after the 11.15 am Mass. Cup of tea/coffee and a slice of homemade cake, £1. Everyone welcome.

Mass Attendance Sheets: The attendance sheets at the back of church are for **all** parents/carers to sign each week to enable us to keep records for future reference for any faith forms for schools that we may be asked to fill in. These forms will give us an accurate record of attendance and will be kept for a minimum of 3 years.

Mount Carmel Parish Centre: If you would like to hire our function room for your event, please contact Ann Marie on 0151 727 1695.

Sacrament of Baptism: If you have a child who you would like to receive the Sacrament of Baptism, please see Fr Silviu or contact Anne in the office.

Bingo: Every Thursday from 7.30 pm. All welcome.

Feast of Our Lady of Mount Carmel Celebration: This year we are hoping to have a barbecue (weather permitting) in the garden after the 11.15 am mass on Sunday 20th July. All welcome.

Youth Group: The next meeting for the Youth Group will be on Saturday 5th July at 3.00 pm in OLMC.



Parenting programme

Free course
September
2025
 Tuesday
 mornings

Benefits include
 Stronger Social skills
 Reduction of aggression
 More Self control
 Emotional regulation
 Increased self esteem

Evidence based Practice
 With
 Therapeutic Practitioners

Referral

Children age 3-9
 Readiness for school
 Challenging behaviour
 Separation anxiety
 Low self esteem
 ADHD diagnosis

Contact

Ashley
 07931 232746
ashley.britton@ypas.org.uk

Anna
 07467 865253
anna.egan@ypas.org.uk



The Incredible Years
 An Empower Community Care Organization

YPAS
 Young Person's Advisory Service

MGL

ONLINE SAFETY NEWSLETTER

AGE APPROPRIATE CONTENT - USING PARENTAL CONTROLS TO MANAGE CONTENT

ISSUE 6

AGE APPROPRIATE CONTENT

There are thousands of websites, apps, images and videos online. Through search engines, these are at our finger tips. However, managing what is appropriate for children can be difficult.

Without taking appropriate steps, search engines will display all kinds of content, including material that isn't appropriate for children.

It is important to make use of features such as safe-search and ensuring that children sign up for accounts with the correct age to manage the content they are seeing.



PARENTAL CONTROLS

Parental controls help keep children safe online by managing their device use and filtering inappropriate content. They can restrict screen time, block harmful sites, disable features like in-app purchases, and monitor online activity. Controls exist at network, device, and app levels.

When using parental controls to manage the content they view, it is important to have a conversation with your child and explain why. As your child becomes more tech-savvy and get older, you can then reduce the level of control you have through the parental controls.

ACTIVITY AT HOME

Work with your child to create a Family Online Agreement. This could be a poster, checklist, or contract where you both agree on:

- What types of websites or apps are okay
- Time limits for using devices
- Rules for downloading games or making purchases
- Steps they can take if they see something upsetting online



Story Garden



Story Garden illustrations by Dapo Adedola and logo artwork by Lizzie Eversard. All © The Reading Agency 2025.

Keep up your classes' reading habits this term!

We are facing a national crisis in children's reading. Recent research shows that only 1 in 3 children and young people now enjoy reading, a drop of 33% since 2005 (Clark, et al., 2024) and **1 in 4 children in the UK cannot read well by age 11**.

This crisis is impacting on classrooms, communities and families. Research shows that reading by choice is the single biggest indicator of a child's opportunity and future success; it can mediate socio-economic status and may help **address endemic inequalities**. (OECD, 2002, 2021). When children and young people enjoy reading, they read more often, helping to build vital reading skills and bringing **wider benefits for mental wellbeing**, self-confidence and learning (Sullivan and Brown, 2013; Sun, et al., 2023).

The Reading Agency and public libraries are working to change this with the Summer Reading Challenge - a free, UK-wide programme. By encouraging your pupils to join in, you'll help make reading a fun and rewarding part of their summer. In 2024, nearly **600,000** children took part. Together, we can make 2025 even bigger and get even more children fired up about reading!

Read on for easy next steps & helpful resources:

1. Assembly presentation for children, parents evening or other events
2. Summer Reading Challenge promotional video
3. Invite to Summer Reading Challenge to share with parents or carers
4. Copy template for newsletter, website, WhatsApp groups, emails



Benefits for pupils, families, and your school



Significantly **improves** children's reading **skills and confidence**



During last year's Challenge, children read **over 13 million books**



Prevents the summer 'dip' in reading and aids the **successful transition** to new year groups and key stages

FREE

It's simple and **free for every child** to take part, and libraries run **free activities** for families throughout the holidays

Easy steps to get your class reading this summer

Get parents and pupils engaged in the Challenge before the holidays start!



Talk about the Challenge in your school

- Put up [posters](#) in your classroom and around school.
- Use our [assembly presentation](#) for children, parents' evening or other events and why not play our short animated video to grab children's attention!
- Discover new books to share with your class with our [official book collection](#).
- Print out our [designed flyer for parents](#) and our [nature spotting activity](#) for children to take home and tell their parents about Summer Reading Challenge.



Get in touch with the library

Contact your local library service to find out what's on offer to your pupils. You can [book a librarian visit](#) for your class or special assembly for the whole school!



Tell parents and colleagues

Download our [handy copy templates](#) to tell parents & carers about the Challenge and encourage them to take their children to the library over the holidays. Use the templates for newsletters/emails, the school website or even class Whatsapp groups. Tell other school staff about the Challenge with our other ready-made template!

Get your whole school involved!

Can your school top last year's number of Challenge completers? Many libraries offer [prizes to schools](#) with the highest participation!



Celebrate your pupils' summer achievements!

Ideas for what to do in September:



- Host a [special assembly](#) to present Summer Reading Challenge certificates!
- Download or [collect certificates for free](#) from your local library.
- Recognise participants in your school newsletter or display their photos/work.
- Celebrate in the classroom and have a book talk - children can share new favourite books, fun events they've been to and what they're looking forward to reading.



Story Garden

2025 is all about the magic of nature!

This year's Challenge is about nature, the outdoors, storytelling - and reading! Children can collect their own [sticker booklet](#) (full of fantastical artwork by award-winning illustrator Dapo Adeola) to start their Challenge from the library. Libraries will be hosting themed events and activities over the holidays for children and families taking part, with lots of opportunities to find new books and have fun learning about nature.



Start dates*

Scotland & Online: **Saturday 21 June**

England & Wales: **Saturday 5 July**

*Start and finish dates may vary. Please confirm with your local library service.

Super Sign-Up Saturday!

Ask your local library if they are running a launch event for children & families - fun and easy. Let's get as many children reading as possible!





About the Challenge

80%
of children taking part
read more
over the holidays

● What is the Summer Reading Challenge?

The UK's **biggest reading for pleasure programme** for primary school children in libraries, encouraging children to **read for fun** during the school holidays.

● Who can take part?

The Challenge is open to all **children aged 4–11**, and it's designed to be **accessible for all** reading levels. Some library services also offer activities for younger children.

● When does it start and how can children sign up?

The Challenge takes place during the summer holidays in most UK public libraries. Children can **sign up in-person at their library or online** at summerreadingchallenge.org.uk at any time during the Challenge. Check local start and end dates with your library service.

● What does the Challenge involve?

At the library:

- A child visits their library to sign up and pick up a Summer Reading Challenge booklet.
- They set a reading goal and borrow books of their choice.
- They collect bespoke stickers and incentives from the library for their reading, including a certificate for reaching their reading goal.

Online:

Alternatively, children can take part in the Challenge online at summerreadingchallenge.org.uk where they will set a reading goal and unlock digital rewards including a PDF certificate. They'll get book recommendations and tips for accessing books for free at home.

● What can children read for their Challenge?

Anything they enjoy! The Challenge is all about reading for fun, so all reading counts, from fiction and non-fiction to audiobooks, comics, joke books, graphic novels, e-books, and poetry. Library staff and volunteers are on hand to help each child find books that match their interests and reading level. Why not use the [Story Garden Book Collection](#) as a start?



More from The Reading Agency

[The Reading Agency](#) is a UK charity that inspires social and personal change through the proven power of reading. We work with individuals of all ages, communities and trusted partners to share the transformative benefits of reading for happy, healthy and thriving lives.

Did you know?

- We regularly have **free display materials**, **activity packs** and **sets of reading group books** available to schools throughout the year. [Sign up to our newsletter](#) to check these out!
- You can find thousands of book resources for primary school children through us - from fun activity sheets and classroom guides on the Summer Reading Challenge [website](#) to all sorts of reading activity packs on the [Chatterbooks page](#).

Available all year
round for FREE

Other programmes

[Find out more](#) ➡

A winter version of the Summer Reading Challenge! This is an online reading challenge running between **December-February**, encouraging children to keep up their reading through the winter break and into the new term. It's free to take part at wintermini.org.uk, where children can log and review books and earn rewards, e.g., a certificate & limited-edition digital badge.



teachers' reading challenge

The Teachers' Reading Challenge is an opportunity for school staff to expand their knowledge of contemporary children's books and develop their skills in teaching children to read for pleasure. Run in partnership with [The Open University](#), the Challenge invites participants to join a supportive and inspired community of educators and readers, set their own reading goals, share recommendations, discuss best practice, access resources, and record their knowledge.

[Browse the book list and download resources](#) ➡

Reading Well for children provides quality-assured information, stories and advice to support children's mental health and wellbeing. Books have been chosen and recommended by leading health professionals and co-produced with children and families. The booklist is targeted at Key Stage 2, and includes titles aimed at a wide range of reading levels.

Date: June 2025

Dear Parent or Guardian

The Summer HAF programme starts on the 21st July and there are lots of great activities happening over the school holidays. Children and young people, from reception to age 16, who are eligible for benefits related free school meals, will be able to access hundreds of activities throughout the Summer holidays including specific provision available for children with SEND or additional needs, all at no cost. There's a great range of activities across the city including cultural storytelling, pamper sessions, sewing, trips out, dance, mindfulness, swimming, football, board games, water sports, skateboarding, cycling, gymnastics, nature walks and dodgeball to name but a few! A meal is included for every child attending.

There is a central booking system to make it easier for you to find and book the activities. You can find out where your nearest scheme is by clicking on this link <https://eequ.org/liverpoolhaf> or by using the QR code which will take you to the Liverpool HAF page and the easy to fill in booking system. You can search by age, provider or date. There is a handy booking help video here - [How to make a booking](#)



There's also 3 activity fun days being held on Wed 6th August at Princes Park, Wed 13th at Rice Lane City Farm and Wed 20th at Garston Park, 1 - 3p.m. There will be inflatable obstacle courses, bouncy castles, mini golf, go karts, music, crafts, games and food plus lots more. No need to book for these days – just turn up!

- ☑ If you are struggling with the cost of living then please go to: <https://www.liverpool.gov.uk/cost-of-living/>
- ☑ If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk. Click on the link to find out how to register <https://www.healthystart.nhs.uk/>

Liverpool City Council is working with Mersey Play Action Council, the local schools, voluntary and community organisations, and childcare providers to deliver the Winter HAF programme. This programme is funded by the Department for Education.

The Family Information and SEND Directory also provides a wealth of useful information and support for families - [FISD](#).

Regards

Sally Dobbing

Sally Dobbing

Holiday Activities and Food Project Manager





UK Government

If you need support accessing your eVisa, help is available in Merseyside












eVisas are replacing
biometric residence
permits/cards

Remote and in person
support available

Contact Migrant Help's
eVisa team today:

evisa@migranthelpuk.org

07483170100

WEEK 1	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Macaroni cheese	Chicken tikka masala served with rice	Roast beef, with Yorkshire pudding, roast potatoes & gravy	Chicken sausage with creamy mash potato & gravy	Fish cake served with chips
VEGETARIAN MAIN DISH	 Salmon pasta	 Vegetarian chilli with 50/50 rice	 Quorn™ fillet with roast potatoes & gravy	 Vegan sausage & mash potato with gravy	Breaded vegetable fingers served with chips
ACCOMPANIMENTS 	Peas & broccoli Salad bar	Roasted vegetables Salad bar	Carrots & cauliflower Salad bar	Green beans & sweetcorn Salad bar	Peas & baked beans Salad bar
DESSERTS	 Upside down cheesecake	Jelly & fresh fruit	Chocolate & orange cookie	 Cheese & crackers with grapes	 Fresh fruit & whip
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU

Fuel your afternoon with a healthy school lunch from Mellors

KEY



- 1 OF YOUR 5 A DAY



- MEAT-FREE MONDAY











- CHEF'S CHOICE



- PLANT-BASED (VEGAN)



Allergens and intolerances All of our food is lovingly hand crafted and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your allergens/ your child's allergens prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergenic ingredients or traces of these.

WEEK 2	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Margherita pizza with baked potato wedges	Spaghetti Bolognese	Roast chicken with new potatoes & gravy	All day breakfast	Crispy fish fingers with chunky chips
VEGETARIAN MAIN DISH	Creamy tomato pasta	 Vegetarian meatballs with pasta 	Cheese & onion pie served with new potatoes	Vegetarian all day breakfast	 Quorn™ nuggets with chunky chips
ACCOMPANIMENTS 	Peas & coleslaw Salad bar	Carrots & green beans Salad bar	Broccoli & cauliflower Salad bar	Sweetcorn & carrots Salad bar	Peas & baked beans Salad bar
DESSERTS	Jam & coconut sponge	 Flapjack	 Ginger biscuit	Ice cream	 Watermelon lolly
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



Try something NEW today...
Variety is key to a healthy diet.

MENU



KEY



- 1 OF YOUR 5 A DAY



- MEAT-FREE MONDAY











- CHEF'S CHOICE



- PLANT-BASED (VEGAN)

Allergens and intolerances All of our food is lovingly hand crafted and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your allergens/ your child's allergens prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergenic ingredients or traces of these.

WEEK 3	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	 Creamy tomato pasta	Chicken fillet burger served with half a crispy jacket	Roast beef, with Yorkshire pudding, roast potatoes & gravy	BBQ chicken wrap with wedges	Fish cake served with chips
VEGETARIAN MAIN DISH	 Vegetarian bolognese pasta with garlic bread	Quorn™ burger with wedges	 Quorn™ fillet with roast potatoes & gravy	 Sweet & sour Quorn™ with 50/50 rice	 Vegan sausage & chunky chips
ACCOMPANIMENTS 	Sweetcorn & broccoli Salad bar	Peas & coleslaw Salad bar	Carrots & cauliflower Salad bar	Broccoli & green beans Salad bar	Peas & baked beans Salad bar
DESSERTS	 Fruit meringue	Ginger cake & custard	Lemon muffin	Shortbread	Ice-Cream & fresh fruit
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU

Eating all your fruit & veg will help you grow BIG and STRONG (like me!)



KEY



- 1 OF YOUR 5 A DAY



- MEAT-FREE MONDAY



- CHEF'S CHOICE



- PLANT-BASED (VEGAN)

Allergens and intolerances All of our food is lovingly hand crafted and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your allergens/ your child's allergens prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergenic ingredients or traces of these.