

Core skills	Year-group End-of-Year Expectations						
	EYFS	Y1	Y2	Y3	Y4	Y5	Y6
<p><b>Physical health and wellbeing</b></p> <p><b>Vocabulary</b></p> <p><small>(remember to look back at the vocabulary from previous years)</small></p>	Healthy, unhealthy, exercise	<p><b>Fun Times:</b></p> <p>food, drink, celebration, same, different, choice, active, protect, damage, sun, effect, games, safety, cultures, world, countries, special times</p>	<p><b>What keeps me healthy?</b></p> <p>Healthy diet, oral health, physical activity, active, sleep, vaccination routine, hygiene, food, rest, routines</p>	<p><b>What helps me choose?</b></p> <p>Eat well guide, influences, brands, packaging, taste, cost, value role model, qualities, teased feelings, diverse, Judge, beautiful, admire, influence positive, food, choices, active healthy</p>	<p><b>What is important to me?</b></p> <p>Religious diet, cultural diet, moral diet, ethical, fair trade, farming, seasonality, consumers, screen time, health, wellbeing, food, choices, sleep</p>	<p><b>In the media:</b></p> <p>Misleading, marketing, consumers, advertising, role model, media, reality, manipulate</p>	<p><b>Healthy Mind:</b></p> <p>Zones of regulation mental health feelings anxiety guidance mental ill health stigma discrimination</p>
<p><b>Keeping safe and managing risks</b></p> <p><b>Vocabulary</b></p> <p><small>(remember to look back at the vocabulary from previous years)</small></p>	Real, fake, danger, good touch, bad touch, pants, private	<p><b>Feeling Safe:</b></p> <p>Real, imaginary, danger, secret, trust, good touch, bad touch, unsafe, worried, private,</p>	<p><b>Indoors and Outdoors:</b></p> <p>Emergency, safe, responsible, rules, unsafe, hazards, road safety, fire safety, danger</p>	<p><b>Bullying: see it, say it, stop it:</b></p> <p>Bullying, unacceptable, falling out, racism, cyber bullying, bystander, help, support, bully, cyber, physical</p>	<p><b>Playing safe:</b></p> <p>Age classification, computer game, pressure, choices, habits, gaming, road, rail, water safety, buildings, safety, danger hazards,</p>	<p><b>When things go wrong:</b></p> <p>Influence, trustworthy, domestic violence, abuse, violence, problems, Peer pressure, put down, pressure,</p>	<p><b>Keeping safe out and about (and FGM)</b></p> <p>Peer pressure, consequence, antisocial, law, peer pressure, independent, gangs, youths,</p>

		community, help, safety		unkind, mental health, feelings emotions, unhappy, differences power, bystander, empathy, acceptance, courage, feelings witness	fireworks, emergency first aid, help, Police, Fire brigade, Ambulance	peer mediator, risk predict, potential hazard, high/ medium/ low risk assessing, responsibility, online safety, relationships, risk, danger	behaviour, protected
<p><b>Drugs, alcohol and tobacco education</b></p> <p><b>Vocabulary</b></p> <p>(remember to look back at the vocabulary from previous years)</p>	Rules Danger	<p><b>What do we put in our bodies?</b></p> <p>Substance, harmful, rules, dangerous, feelings</p>	<p><b>Medicines and me:</b></p> <p>Medicine, healthy, pharmacy, doctor, safety, asthma, instructions</p>	<p><b>Tobacco is a drug:</b></p> <p>Drug, tobacco, smoking, second hand smoke, smoke free, medicine, harmful, asthma, instructions</p>	<p><b>Making choices:</b></p> <p>Caffeine, alcohol, tobacco, nicotine, alcohol, risk, habit, addiction, age restrictions, drugs, legal, illegal prescribed, harmful substances, heart lungs, brain, stomach, peer pressure, medicine behaviour, drug use</p>	<p><b>Different influences:</b></p> <p>Cigarette, e-cigarette, shisha, cannabis, health, money, alcohol, tobacco, nicotine, media, influence, pressure, choice, age restrictions, substance, medicine legal, illegal, drugs Ask Frank, effects, risks, prescribed, solvents, alcohol tobacco, role models</p>	<p><b>What do we put into our bodies?</b></p> <p>Tobacco, nicotine products, alcohol, solvents, medicines, legal and illegal drugs, risks, advice, support, age restrictions</p>

<p><b>Mental health and emotional wellbeing</b></p> <p><b>Vocabulary</b></p> <p>(remember to look back at the vocabulary from previous years)</p>	<p>Happy, sad,</p>	<p><b>Feelings:</b></p> <p>Feelings words, worried, excited, nervous, angry, same, different, emotion, loss, challenge, different</p>	<p><b>Friendships:</b></p> <p>friendship, kindness, help, trust, resolve, qualities, include, exclude, care, problems, difficult</p>	<p><b>Strengths and challenges:</b></p> <p>Goal, challenge, skill, attribute, put up, put down, set-back, Friend, Kindness, Emotions Feelings, Care, Conflict Qualities impact mental health Celebrate, Goals, Positive</p>	<p><b>Think Positive</b></p> <p>helpful thoughts unhelpful thoughts difference positive attitude</p>	<p><b>Dealing with feelings:</b></p> <p>Conflict, change, emotion, loss, grief, bereavement</p>	<p><b>Healthy Minds:</b></p> <p>Mental health, mood, feelings, mind, strategies, support stigma discrimination</p>
<p><b>Identity, society and equality</b></p> <p><b>Vocabulary</b></p> <p>(remember to look back at the vocabulary from previous years)</p>	<p>Same, different</p>	<p><b>Me and others:</b></p> <p>Special, different, dilemma, responsibility, challenge, unhelpful, helpful, behaviour, problem, cooperative</p>	<p><b>Living in the wider world</b></p> <p>belong, help, respect, share, neighbourhood, environment, natural, celebrate, accepting, believe</p>	<p><b>Celebrating Difference:</b></p> <p>Family, culture, age, gender, personal interests, belief, community, diverse, view, different, similar, diverse respect, views experiences, expectations, group</p>	<p><b>Democracy:</b></p> <p>Democracy, vote, election, influence, organisation, council, government, resources, community, British values, customs birthplace, extended families citizen, etiquette, diverse, stereotype, racism, power superiority</p>	<p><b>Stereotypes, discrimination and prejudice (including homophobia)</b></p> <p>Stereotype, homophobic, sexist, disability, disablist, racist, transphobic, discrimination, gender, role models, prejudice, community laws, Anti-social, responsibility, organisations research, migration, rights, responsibilities, conflict, organisation,</p>	<p><b>Human rights:</b></p> <p>Refugees, non-refugees, migration, empathise, diversity, immigrants, human rights, UN Convention, Rights of the Child, responsibilities, organisations, UK laws, UNICEF, Save the Children, British government, MP, homelessness, temporary accommodation, organisations, initiatives, charities, Shelter</p>

						homeless, charity, lesbian, transgender step families/ blended families, reflect, respect diverse, stereotype, relationships religions, gay, bisexual, LGBT	
<p><b>Careers, financial capability and economic wellbeing</b></p> <p><b>Vocabulary</b></p> <p>(remember to look back at the vocabulary from previous years)</p>	job, money	<p><b>My money:</b></p> <p>Earn, win, find, presents, pocket money, borrow, benefits, save, choices, jobs</p>	<p><b>Spend or Save:</b></p> <p>money, spend, record, receipt, keep, track, save, choice, amounts, payment, list</p>	<p><b>Saving, spending and budgeting:</b></p> <p>Manufacture, pressure, decisions, value, spend, shift, full-time, part-time, shift, paid, unpaid, charity, fund raiser community, saving, jobs, world of work, occupation, wage, salary , budget</p>	<p><b>Making Money Decisions:</b></p> <p>Want, need, priority, save, spend, borrow, purchase, currency</p>	<p><b>Borrowing and Earning Money:</b></p> <p>Loans, credit cards, hire purchase schemes, debt, manageable, unmanageable, reliable, enterprise, salary, risk, influence, careers.</p>	<p><b>Budgets and Managing Spending:</b></p> <p>tax VAT services percentage budget budgeting deficit value value of money invest / investment</p>