

Headteacher: Mrs J P Conley

16th March 2026

Dear Parent/Carer

Year 4 Swimming Lessons

Your child is due to take part in school swimming lessons with School Improvement Liverpool. Your child's lessons will begin on **Friday 17th April 2026**. Swimming lessons will take place every Friday. The last lesson will be on Friday 15th May 2026.

Please complete the reply slip and return to school before Thursday 19th March 2026.

Children will have their lunch and then will walk up to Steble Street baths. Children will return to school and will be ready to be collected at 3.15 pm as usual.

A fully trained instructor is provided.

Suitable swimwear including swim cap and a towel will be needed.
N.B. Boys must wear swimming trunks and not knee length shorts

Please see your child's teacher if you have any queries.

Yours sincerely

Mrs J Conley
Headteacher

What your child will need for swimming:



→ Swim cap can be bought from Steble Street baths for £6.00 each

School swimming lessons

Dear Parent/Carer,

Your child is due to take part in school swimming lessons with School Improvement Liverpool. Your child's health and safety are priority, and I would like to make you aware of the following requirements, in advance of the lessons starting.

Swimming Hats: All children must wear a swimming hat – if there are individual concerns regarding this, please speak to your child's schoolteacher who will contact us directly.

Glasses: Children wearing glasses will need to remove these whilst in the pool.

False Nails: For the purpose of school swimming, false nails refers to any nail that involves the use of UV light, including but not limited to builder gel, acrylic nails, nail wraps and shellac. This also includes any nails that are bought and stuck on with glue.

No child will be allowed to take part in the lessons if they have any of the above type of nail, this is not only to protect their safety but also that of others. This does not apply to standard nail varnish, which is removed using standard nail varnish remover.

Earrings & Jewellery: These should be removed before attending swimming lessons. If they are unable to be removed your child must have small stud earrings in and these must be covered using the swimming hat.

All jewellery should be removed before attending the swimming lesson. If they are unable to be removed your child will be required to wear a tight-fitting t-shirt, over the top of the jewellery, to ensure it is held tight to the skin.

Attached is a letter for you to sign, which should be returned to your child's school.

Swimming is statutory under the National Curriculum, as a school we have a responsibility to meet the requirements of the National Curriculum therefore all children are required to attend the sessions and **there is not an option to opt out**. This is a vital life skill for your child to learn that could one day save their life.

If you have a concern regarding your child attending sessions, please contact the school so they can support your child in attending.

If your child is not taking part in the sessions, they will still be required to attend the pool along with the rest of the class.

If your child fails to attend multiple swimming lessons, the school will invite you to a meeting with the Headteacher, School Visit Co-ordinator or PE Lead.

Should you have any questions or queries please speak to your child's schoolteacher who contact us if necessary.

Kind Regards

School Improvement Liverpool



Jewellery during school swimming lessons

The Association for Physical Education is very clear in its guidance regarding jewellery during PE lessons.

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Following this guidance all jewellery should be removed for school swimming lessons. Where jewellery is unable to be removed it must be made safe.

For necklace and bracelets, this will include the wearing of a tight-fitting, long-sleeved t-shirt, to ensure that the jewellery is held against the skin.

For earrings only small studs will be allowed to be worn and these should be covered using the swimming hat.

This is not only to protect the safety of your child but also that of others in the swimming pool.

By signing below, you are confirming that you understand that the wearing of jewellery during a swimming lesson goes against guidance and recommendations.

You agree to your child wearing a t-shirt to ensure the safety of your child and that others, or small stud earrings.

If your child does not have a t-shirt over the jewellery, or have small stud earrings they will be unable to take part in the lessons.

I Parent / guardian

of (Child's name).....

Of St Finbar's Catholic Primary School

understand and accept that this is against the guidance and recommendations.

Signed

Print Name.....

Date