

The Big picture (Overview)

At St. Finbar's Catholic Primary School, our goal is to deliver a structured Personal Social Health and Economic (PSHE) curriculum that empowers our students to evolve into healthy, self-reliant and accountable individuals within society. PSHE facilitates children in comprehending their personal growth and interpersonal relationships, addressing various spiritual, moral, social and cultural (SMSC) aspects in their journey to adulthood. We nurture our children's self-esteem to actively participate in school activities and community initiatives.

What it's like to be a computer scientist in our school (pupil voice)

I like talking about my feelings. (Y1)

I like how we learn lessons about life. (Y3)

I like being able to express myself. (Y4)

I like learning about diversity in PSHE. (Y5)

Teaching and Learning (Key learning and skills)

Our children learn:

- How to be safe and healthy
- How to build and maintain successful relationships
- About the changes that occur in our bodies
- About rights and responsibilities
- How to be an active citizen
- What it means to be a member of a diverse society.

What we want our curriculum to help our children know and do (Intent)

We adopt a spiral curriculum approach, revisiting key themes every year (embedding our knowledge for topics). This method allows children to revisit and expand upon their previous learning, fostering continuous development of their understanding of PSHE in alignment with their age and development stage. Our bespoke curriculum is based around Kapow's scheme with adaptations to suit our school's needs. This includes the addition of Pol-Ed lessons and assemblies with matters that arise across the school year. Our teaching methods encompass various approaches, including discussions, drama, circle time and written activities, all recorded in each child's individual topic book.

How we organise our curriculum (Implement)

The PSHE curriculum is carefully divided into four different strands and knowledge and skills taught in each one is reinforced from year 1 through to year 6. The four strands we look at are: Managing self: Self regulation; Building relationships and Critical thinking. This has then been split into 7 key areas that children will focus on across Y1 to Y6. These are: My healthy self; Connecting with others; The online world; Citizenship; Health Protection; Staying Safe and Growing up

Assessment opportunities are integrated into every unit of You, Me, PSHE. In You, Me, PSHE, children first document their existing knowledge about the topic and then record all the new insights they have gained upon completion. This structured approach enables teachers to assess progress effectively, pinpointing any areas where children may need additional support. Throughout Kapow, lessons are interconnected allowing teachers to reinforce prior learning through questions and discussion. They ensure children understand and retain information by revisiting previous lessons and addressing any gaps or misconceptions before proceeding further. This continuous assessment process helps maintain effectiveness and relevance of PSHE education within the school environment.

How we know children are knowing and doing more (Impact)

At St Finbar's Catholic Primary School, children are provided with opportunities to cultivate the necessary knowledge and vocabulary to articulate their thoughts and emotions within an atmosphere of openness and trust. They are also guided on how and where to seek help and advice when needed.

Extensive research indicates that emotionally healthy children perform better academically. The PSHE curriculum plays a crucial role in helping children reach their full potential by promoting their well-being and addressing issues that may hinder their learning. By addressing social and emotional barriers to learning, PSHE contributes to the holistic development of children, positively impacting not only their academic progress but also their confidence and self-esteem.